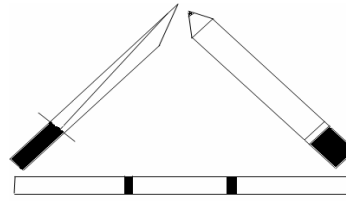


KALI IN FORT RECOVERY



Filipino Martial Arts (FMA) training program teaching Inosanto/Lacoste blend Kali



With its emphasis on footwork, weapons and empty hand techniques Kali is a perfect complimentary art.

This is a curriculum-based program teaching single stick, double stick, single knife, double knife, Espada y Daga (stick and knife) and empty hand.

Instructor: Ken Rabenstein
Location: Ji-Yuu Karatedo Dojo
128 North Wayne Street
Fort Recovery Oh 45846
Time: Saturdays (Please contact Ken for times/dates)
Cost: \$10 per class
Contact: Ken Rabenstein (C) 937.422.7157
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