



# Jodoryu Jujitsu International™

## Syllabus

### 2nd Kyu / Brown Belt/Black Stripe

Increased proficiency in all previous techniques and:

#### THROWS

- Minor(Opposite Foot) Outside Reap (Ko Soto Gari)
- Minor (Opposite Foot) Inside Reap (Ko Uchi Gari)
- Sweeping Hip Throw (Harai Goshi)
- Elbow Lock Hip Throw (Koshi Nage)

#### LOCKS

- Arm Entanglement (Cross Body) (Ude Gurami)
- Leg Lock / Face South (Ashi Gatame)
- Outside Leg Lock (Across Uke's Back) (Soto Ashi Gatame)
- Inside Leg Lock (From Tori's Back) (Uchi Ashi Gatame)
- Stomach Arm Lock (Ude Hara Gatame)
- Knee Separation
- Ankle Lock
- Toe Lock

#### Chokes

- Rear Naked Choke (Hadaka Jime)
- Normal Double Lapel (Thumbs In) (Nami Juji Jime)
- Reverse Double Lapel (Fingers In) Gyaku Juji Jime)
- Half Cross (One Thumb & One Fingers) (Kata Juji Jime)



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#### THE GUARD

*Working from the Guard*

Display Basic Control of Uke

Apply Arm Bars and Chokes that have been learned so far.

*Move freely from Guard to Mount*

- Calf Stomp
- Sweep

*Passing the Guard*

- Elbow Thrust
- Chest Compression
- Break to Inside Leg Lock
- Sternum Rub
- Eye Compress

#### THE MOUNT

*Working from the Mount*

Display Basic Control of Uke

Apply Arm Bars & Chokes.

*Breaking the Mount*

- Arm Bars
- Chokes
- Frog Swim
- Bridge & Turn
- Twin Key Turn or Middle Knuckle Punch (Pick A Point)
- 

#### ESCAPE & CONTROL

- From the Guard (X4)
- From the Mount (X4)
- Head Lock (X2)
- Knife From 2-Handed Hostage Grip
- Gun Touching Head (Front, Back , & Side)
- Gun to Stomach
- Gun to Back



# **Jodoryu Jujitsu International™**

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### **2nd Kyu / Brown Belt/Black Stripe**

**\* In order to test, the student must have no less than 6 months JJI training since testing for 3rd Kyu/ Brown Belt and own a copy of Dillman Book 3 & all previous required texts.**

#### **WRITTEN TEST**

Name: \_\_\_\_\_

J.J.I. Student # \_\_\_\_\_

J.J.I. Instructors name: \_\_\_\_\_

Month/Year of last promotion: \_\_\_\_\_

Essay (25 pts. )

1. What Jujitsu does/has done for me.



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Name: \_\_\_\_\_ Date: \_\_\_\_\_

2. Describe the roll that awareness plays in self defense and what can be done to cultivate it.



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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Fill in the Blank:

Name 25 of your favorite pressure points, their general location, and method of activation w/angle & direction.

Pt.	Location	Activation
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____
16.	_____	_____
17.	_____	_____
18.	_____	_____
19.	_____	_____
20.	_____	_____
21.	_____	_____
22.	_____	_____
23.	_____	_____
24.	_____	_____
25.	_____	_____