



Jodoryu Jujitsu International™

Syllabus

3rd Kyu / Brown Belt

COUNTERS (BLOCKS)

- Augmented Block (Morote Uke) – 2 uses
- “X” Block (Juji Uke) – 2 uses

THROWS

- Scooping Throw (Sukui Nage)
- Circle Throw (Tomoe Nage)
- Major Outside Press (O Soto Osae)
- Shoulder Wheel Throw (Kata Guruma)

HOLDING TECHNIQUES

- Vertical Upper Quarters Hold (Tate Shiho Gatame)
- Scarf Hold (Kesa Gatame)
- Four Directional Throw Lock/Paint Brush (Shiho Nage Gatame)

Locks

From the Ground

- Knee Lock with Leg (Hiza Gatame)
- Arm Lock with Legs (From Scarf hold) (Ude Ashi Gatame)
- Broken Cross Arm Lock (Kazure Juji Gatame)
- Shoulder Mount
- Inverted Cross Arm Lock/Reverse Shoulder mount (Tate Juji Gatame)



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Chokes

One Wing Choke (Kataha Jime)
Rear Naked Choke (Hadaka Jime)
Sliding Lapel Choke (Okuri Eri Jime)

THE GUARD

Working from the Guard
Display Basic Control of Uke
Apply Arm Bars and Chokes that have been learned so far.

THE MOUNT

Working from the Mount
Display Basic Control of Uke
Apply Arm Bars & Chokes.

ESCAPE & CONTROL

- From the Guard (X2)
- From the Mount (X2)
- Cross Arm Lock
- From Knife Tip to Throat
- Knife Across Throat from Rear Mug

KATA

Naihanchi Sandan – Learn Kata and 5 Bunkai w/ Pressure Points

*** In order to test, the student must have no less than 6 months JJI training since testing for 4th Kyu/Purple Belt and own a copy of all previous required texts.**

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WRITTEN TEST

Name: _____

J.J.I. Student # _____

J.J.I. Instructors name: _____

Month/Year of last promotion: _____

Essay (25 pts. ea.)

1. Explain fully, basic revival of uke from K.O. (Assumes no advanced energy projections).



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Name: _____ Date: _____

2. List and explain the last 5 principles of Small Circle Theory.

Supplemental comprehensive test over Dillman Book 2. (200 pts.)

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