



# Jodoryu Jujitsu International™

## Syllabus

### 4<sup>th</sup> Kyu / Purple Belt

#### HAND STRIKES

*All Previous &*

- Elbow (Empi or Hiji)
- Uppercut (Uraken Shomen)

#### COUNTERS (BLOCKS)

- Low/Downward Counter (Gedan Uke)- Give 2 Uses
- Inside Middle Counter (Uchi Uke) – 2 uses
- Outside Middle Counter (Soto Uke)- 2 uses
- High or Upward Counter (Jodan Uke) – 2 uses

#### THROWS

- Foot Stop Throw (Sasae Tsuru Komi Ashi)
- Four Directional Throw (Shiho Nage)

#### HOLDING TECHNIQUES

- Vertical Upper Quarters Hold (Tate Shiho Gatame)
- Scarf Hold (Kesa Gatame)
- Four Directional Throw Lock/Paint Brush (Shiho Nage Gatame)



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#### Locks

##### *From the Ground*

- Elbow on Stomach, Wrist Lock/Knee on Head or Neck (Kote Gatame)
- Fig.4 Elbow Lift (Uke on back, Tori kneeling) (Kanuki Gatame)
- Cross Arm Lock (Juji Gatame)
- Leg Lock (Ashi Gatame)

#### Chokes

Double Lapel Choke (Ryote Jime)

Triangle Choke (Sankaku Jime)

Guillotine Choke or Front Naked (Mae Hadaka Jime)

#### ESCAPES

- From Guiotine Choke
- From Kote Jime
- From “Full Nelson”
- From Reverse/Opposite Side Knife to Jugular

#### KATA

Naihanchi Nidan – Learn Kata and 5 Bunkai w/ Pressure Points

**\* In order to test, the student must have no less than 6 months JJI training since testing for 5<sup>th</sup> Kyu/Green Belt and own a copy of Dillman Book 2 & all previous required texts.**

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This document was created 11-25-2001 and shall expire on 1-1-2006 unless ratified as complete by the JJI Charter Member Board before expiry and annually thereafter.



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#### WRITTEN TEST

Name: \_\_\_\_\_

J.J.I. Student # \_\_\_\_\_

J.J.I. Instructors name: \_\_\_\_\_

Month/Year of last promotion: \_\_\_\_\_

**Fill in the Blank. (2 Pts ea.)**

**List 5 theoretical methods to obtain a K.O. (or worse)**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Essay (25 pts. ea.)

1. Fully explain the Jodoryu Jujitsu Advanced Keys.



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Name: \_\_\_\_\_ Date: \_\_\_\_\_

2. List and explain the first 5 principles of Small Circle Theory.